

*Edward A. Borio, D.D.S., P.C.
50 West Big Beaver #100B
Bloomfield Hills, MI 48304
248 644 1955
www.boriodontal.com*

Site Therapy Information and Instructions

The treatment you have received is designed to:

- Reduce the bacteria causing your infection
- Reduce inflammation of your periodontal pockets
- Manage your infection to stop it from spreading or becoming more severe

To treat periodontal disease, we have used a common deep-cleaning procedure known as scaling and root planning. (SRP)

- **Scaling** - removes plaque, tartar, and stains from the surface teeth
- **Planing** – smoothes the rough areas on the roots of the teeth to promote healing

Even though SRP removes a great deal of the bacteria that cause periodontal infection, the instruments used during this mechanical procedure cannot always reach the bacteria that hide in the bottom of pockets or in difficult to reach areas.

Adding site therapy helps to reach these areas and stays in the pocket for up to 21 days.

- **Site Therapy:** The placement of an agent in the pocket to lower the bacteria level.

To help make sure you get the maximum results from your treatment, you should follow a few simple steps.

- Don't touch
- Wait to brush for 12 hours in areas treated
- Wait to floss for 10 days in treated areas
- Avoid eating hard, crunchy, or sticky foods for one week